



WHOLE WHEAT KAISER ROLL - 7018

Nutrition Facts	
Serving Size 1 ROLL (97 g)	
Servings Per Container 1	
Amount Per Serving	
Calories 290	Calories from Fat 25
Calories From Saturated Fat 10	
<small>% Daily Value*</small>	
Total Fat 2.5g	4%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 790mg	33%
Total Carbohydrate 56g	19%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 9g	18%
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	20%
Thiamin	35%
Riboflavin	20%
Vitamin B6	4%

INGREDIENTS: ENRICHED WHEAT FLOUR, NIACIN, IRON, CALCIUM, THIAMIN, RIBOFLAVIN, FOLIC ACID (WHEAT), WATER, STONE GROUND WHOLE WHEAT FLOUR (WHEAT), GRANULATED SUGAR, WHEY (MILK), CORN FLOUR, MONOCALCIUM PHOSPHATE, L-CYSTEINE HYDROCHLORIDE, POTASSIUM BROMATE, SOYBEAN OIL, YEAST, EVAPORATED SALT, CARAMEL COLOR

ALLERGEN :WHEAT, MILK ,SOYBEAN OIL